



FOR IMMEDIATE RELEASE

## **Living with Diabetes: A Diabetes Support Group**

**PARK RAPIDS, MN (November 20, 2017)** – CHI St. Joseph's Health will host its monthly Diabetes Support Group on Tuesday, December 12th, from 9 to 10 am at CHI St. Joseph's Health Lower Level Conference Room A.

Patients and their families receive education and support to successfully manage their diabetes and live a healthy life. Taking a team approach, nurses, pharmacists and dieticians work closely with the patient's physician to develop a personal education plan tailored to each patient's level of understanding and acceptance of diabetes. The support group meets the second Tuesday of every month.

For more information, contact Tia Kocka, CHI St. Joseph's Health Diabetes Educator/Bariatric Specialist at 218.255.3684 or visit [www.CHISJH.org](http://www.CHISJH.org).

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