



FOR IMMEDIATE RELEASE

Y Weight? Support Group

PARK RAPIDS, MN (December 20, 2017) – CHI St. Joseph's Health will host its monthly Y Weight? Support Group on Thursday, January 11, at 5:00 pm at CHI St. Joseph's Health Lower Level Conference Rooms B & C.

Groups are for CHI St. Joseph's Health Weight Management Center patients who are post weight-loss surgery or anyone who is interested in weight-loss surgery. The support group meets the second Thursday of every month.

There is also a weekly option. The weekly group meets Wednesdays at 11am at CHI St. Joseph's Health Lower Level HR Conference Room.

For more information, contact Alicia Reardon, CHI St. Joseph's Health Lifestyle Counselor at 218.237.5757 or visit www.CHISJH.org.

###

Contact: Judith Miller
Communication/Marketing Manager
CHI St. Joseph's Health
600 Pleasant Avenue
Park Rapids, MN 56470
218.616.3310